

Cambridge University Trampoline Club Safety Policy 2019-20

Cambridge University Trampoline Club (“the Club”) is strongly committed to encouraging our members to take part in trampolining, whilst seeking to ensure that the health, well-being and safety of each individual is managed effectively.

To support our Health and Safety policy statement we are committed to carry out the following duties:

- Undertake regular, recorded risk assessment of the Club premises and all activities undertaken by the Club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition preparation by regularly assessing individual ability, dependent on age, maturity and development.
- Ensure that all members are aware of, understand and follow the Club’s health and safety policy.
- Appoint a competent Club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any Club activity or whilst on the Club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do, or do not do.
- Cooperate with the Club on health and safety issues.
- Correctly use all equipment provided by the Club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

CLUB HEALTH AND SAFETY OFFICER DETAILS:

- The Head Coach has overall responsibility for the safety at sessions. In the absence of the Head Coach, responsibility is delegated to the most senior coach present at the session or another appropriately qualified coach as per the discretion of the Head Coach; this person is to inform the Head Coach of any ongoing safety concerns.
- For the 2019-20 academic year, the Head Coach is Jennifer Michail (jm2177@cam.ac.uk).

DETAILS OF FIRST AID PROVISION WITHIN THE CLUB:

- In the event that first aid is required, Sports Centre staff should be notified immediately. The Club will then comply with the directions of sports centre staff. There will also typically be a first aid-trained Club member present at every session. First aid equipment will be supplied by the sports centre, and first aid will be provided by trained members of the Sports Centre staff or Club as required.